

## Making Moon dough.

You will need:

8 cups all-purpose flour  
1 cup vegetable oil or baby oil  
Food colour (if you want to colour it)  
Essential oils for fragrance  
bowl  
Plastic container

Instructions

1. Pour flour into a large plastic container or tub.
2. If you would like to colour your dough. Add a few tablespoons of water to a small bowl. Add in several drops of food colouring. Once the water is the colour you desire, stir it into the flour. It will be pale, but the colour will enhance in the next step.
3. If you would like to add essential oils, add a couple drops of your favourite scents now.
4. Pour in the oil to the centre and mix together with your hands until it is evenly distributed and the flour sticks together when you squeeze it. Add more oil if needed to get the correct consistency.
5. Children can use spoons, moulds or just their hands to create shapes and have fun.
6. This can be stored for a couple weeks in an airtight container before drying out.

Gluten Free

1. Use Corn Flour or other gluten free flours if your child has a gluten intolerance.